
WELCOME

St. Clare's Episcopal Church

The Fifth Sunday after the Epiphany

February 4, 2024

*We invite you to prepare for the service in quiet meditation and prayer.
Please silence all cell phones. Flash photography is not allowed.*

Welcome to St. Clare's! We are delighted that you are worshipping with us today. Whoever you are, wherever you are on your spiritual journey, you are welcome here, and welcome to join us in Holy Communion.

If this is your first time visiting with us, we invite you to take a moment to fill out the Visitor's Card located in the pew, or the Visitor's Book in the Narthex, so that we may get to know you better. We hope that you will consider joining our community as we grow together in relationship with God and with one another.

We use the Book of Common Prayer (BCP) in our Sunday worship together. The bulletin you are holding will guide you to the page numbers. The BCP is red. Our Hymnal 1982 is blue. If you need assistance, please don't hesitate to turn to the person next to you to ask. We are happy to guide you.

If you have a pastoral concern or need, or would like more information about the Episcopal Church, please feel free to call the church office at 706-745-0607 to make an appointment with me.

Blessings,
Liz+



An Invitation to Communion

We hope that you will accept our invitation to join us at the Table. All are welcome. The usher will signal when it is time for your pew to come forward. You may stand or kneel at the altar. There are several ways that you may participate with us. When the bread is offered, place one hand on top of the other and extend them forward to accept the bread. To receive the wine, guide the bottom of the chalice to your mouth with one hand. If you would like to receive the wine without drinking from the cup, hold the bread in the palm of your hand and the chalice bearer will dip the bread in the chalice (called intinction). If you prefer not to receive the wine, consume the bread, then cross your arms over your chest and the wine will pass you by. If you would like to participate, but not receive communion, you may come forward for a blessing. Simply cross your arms over your chest, and the priest will give you a blessing.

HOLY EUCHARIST RITE II

The Word Of God

Prelude	<i>Pastorale</i>	Charles Wesley
Processional Hymn	<i>Immortal, invisible, God only wise</i>	Hymn 423
Opening Acclamation		BCP 355
Gloria		Hymn S-280*
The Collect of the Day		BCP 216
The Lessons		
The First Lesson: Isaiah 40:21-31		See right
Psalm 147:1-12, 21c		BCP 804
The Second Lesson: 1 Corinthians 9:16-23		See right
Sequence Hymn	<i>In Christ there is no East or West</i>	Hymn 529
The Holy Gospel		See right
The Sermon		The Rev. Liz Schellingerhoudt
	<i>A period of silence is kept</i>	
The Nicene Creed		BCP 358
The Prayers of the People Form III		BCP 387
The Confession, Absolution and The Peace		BCP 360

The Holy Communion

Choral Anthem	<i>On Eagle's Wings</i>	Michael Joncas
Presentation Hymn	<i>We the Lord's People</i>	Hymn 51
Eucharistic Prayer B		BCP 367
The Sanctus		Hymn S-130*
The Lord's Prayer and The Breaking of the Bread		BCP 364
<i>All persons are invited to receive Holy Communion. Those not receiving may come to the communion rail to receive a blessing; please cross your arms over your chest. If you wish to receive a gluten-free wafer, please say "gluten-free" to the priest.</i>		
Fraction Anthem	<i>Christ Our Passover</i>	Hymn S-152*
Distribution of Communion		BCP 364
	<i>The congregation is encouraged to join in singing the communion hymn .</i>	
Communion Hymns	<i>O for a closer walk with God</i>	Hymn 684
	<i>My God, thy table now is spread</i>	Hymn 321
Post Communion Prayer		BCP 365
The Blessing		
Processional Hymn	<i>O bless the Lord, my soul</i>	Hymn 411
Postlude	<i>Voluntary in G Major</i>	Henry Heron

**All hymns beginning with "S" (Service Music) are found in the front of the blue hymnal*

You are invited to join us for fellowship after the service, downstairs in the Parish Hall.

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The word of the Lord. *People: Thanks be to God.*

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The word of the Lord. *People: Thanks be to God.*

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark (1:29-39)

People: Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord. *People: Praise to you, Lord Christ.*

Prayers of the People

For the sick or in need: Harry, Scout, Christian, Mac, Fred, Hunter, Myers, Mary Jane, Linda, Sharon, Clinton and family, Beverly, Steve, Herb and Judy, Roger, Nicholas, and Aedan; for Renea, Keri, Carolyn, MaryAnn, Travis, Jane, Sally, Mary, Joy, McKinley, Katie, Edwina, Terri, Herb H., Al, Josh, Roz, Bob, Ann, Delores, Mary Lou, Pat, and Joan.

For those who travel: The Bell-Dyer families.

For those who have died: Herb Hair, Myke.

For those celebrating birthdays: Amy Henson, Jo Ann Pedlar, Lynnae Boudreau, Susan Marr.

Commissioning of Eucharistic Visitors

Priest: On behalf of this congregation, I give you these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: We send you forth with the body and blood of Christ.

Those Who Serve

Sunday, February 4, 2024
Verger – Michael Smith-Foot
Crucifer – Eli Smith-Foot
Lector 1 – Steve Wilson
Lector 2 – John Barber
Eucharistic Minister – Susan Marr
Ushers – Kathy McNeese & Frank Kinmonth
Eucharistic Visitor – Steve Wilson
Greeter - Michelle Wilson
VPOD – Lamar Barber & Steve Wilson
Altar Guild – Lisa McElfresh
Flower Guild – Kees Schellingerhoudt
Videographer – Michelle Crawford
Fellowship – Darlene Pilcher

2024 Vestry

Frank Kinmonth Senior Warden
Pat Murray, Junior Warden
Lamar Barber, Treasurer
Jo Ellen Clow, Clerk
Mary Buonagura
Amy Cox
Butch Duryea
Lynne Joynes
Lisa McElfresh
Michael Smith-Foot
Steve Wilson

Clergy and Staff

Bishop of Diocese of Atlanta
The Right Rev. Robert C. Wright
Rector -The Rev. Liz Schellingerhoudt, OA
liz@stclaresepiscopal.org
Parish Administrator - Kitty Taylor
admin@stclaresepiscopal.org
Treasurer - Lamar Barber
treasurer@stclaresepiscopal.org
Organist-Choirmaster - Karen Calloway
edwins@windstream.net
Sunday Sexton - Billy Clayton

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Email: Admin@StClaresEpiscopal.org
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Weekly Services

Sundays, HE Rite II, 10:30 AM
Wednesdays, Centering Prayer, 11:30 AM
Wednesdays, HE Rite II, 12:15 PM
Morning Prayer is 8:00 AM M-F
Compline is 7:30 PM M-F
Choral Compline, First Sundays, 7:00PM

Choral Compline is tonight! Join us in person or on Facebook at 7:00 PM for this contemplative service.

Thank you to everyone who helped us provide a lovely reception after the Bobby Jo Valentine concert Friday night! We are also grateful to PFLAG for helping sponsor the event.

Join Liz+ next Sunday, February 11th at 9:30 AM for Conversations in the Parish Hall.

We are currently taking submissions for the Lenten Meditation Booklet. Our theme is giving and receiving. How have you received a gift by giving to another? How have you received a gift by accepting something from someone else? Submit your written reflections, artwork, or photography to Kitty at admin@stclaresepiscopal.org by this Monday, February 5th. All submissions must be original work.

Mary Buonagura is hosting a bible study on the epistles attributed to John. We will meet for our final gathering this Wednesday, February 7th, at 1:00 PM, following the weekday Eucharist. All are welcome.

Our Shrove Tuesday pancake dinner will be held on February 13th at 5:30 PM in the parish hall.

Ash Wednesday is soon! Mark your calendars for February 14th. We will have both a Noon and 6:00 PM service.

Ken Alexander will host a Lenten series on atonement in March. Join him in the Parish Hall at 9:30 AM on Sundays, starting March 3rd and wrapping up on March 17th.

St. Clare's will host a bed build for Sleep in Heavenly Peace on Saturday, March 9th from 8:30 AM - 12:00 PM in the parking lot. The final product will provide a single bed for a child in Union County. No experience is needed to volunteer. Please use the link in the eClare to sign up.