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# WELCOME

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## *St. Clare's Episcopal Church*

### **The Fourth Sunday in Lent**

**March 10, 2024**

*We invite you to prepare for the service in quiet meditation and prayer.  
Please silence all cell phones. Flash photography is not allowed.*

**W**elcome to St. Clare's! We are delighted that you are worshipping with us today. Whoever you are, wherever you are on your spiritual journey, you are welcome here, and welcome to join us in Holy Communion.

If this is your first time visiting with us, we invite you to take a moment to fill out the Visitor's Card located in the pew, or the Visitor's Book in the Narthex, so that we may get to know you better. We hope that you will consider joining our community as we grow together in relationship with God and with one another.

We use the Book of Common Prayer (BCP) in our Sunday worship together. The bulletin you are holding will guide you to the page numbers. The BCP is red. Our Hymnal 1982 is blue. If you need assistance, please don't hesitate to turn to the person next to you to ask. We are happy to guide you.

If you have a pastoral concern or need, or would like more information about the Episcopal Church, please feel free to call the church office at 706-745-0607 to make an appointment with me.

Blessings,  
Liz+



### **An Invitation to Communion**

We hope that you will accept our invitation to join us at the Table. All are welcome. The usher will signal when it is time for your pew to come forward. You may stand or kneel at the altar. There are several ways that you may participate with us. When the bread is offered, place one hand on top of the other and extend them forward to accept the bread. To receive the wine, guide the bottom of the chalice to your mouth with one hand. If you would like to receive the wine without drinking from the cup, hold the bread in the palm of your hand and the chalice bearer will dip the bread in the chalice (called intinction). If you prefer not to receive the wine, consume the bread, then cross your arms over your chest and the wine will pass you by. If you would like to participate, but not receive communion, you may come forward for a blessing. Simply cross your arms over your chest, and the priest will give you a blessing.



# HOLY EUCHARIST RITE II

## The Word Of God

Opening Voluntary	<i>Soul Adorn Thyself with Gladness</i>	Johannes Brahms
Silent Procession		
Opening Acclamation		BCP 351
The Confession and Absolution		BCP 352
Trisagion ( <i>sung three times</i> )		Hymn S-102*
The Collect of the Day		BCP 219

### **The First Lesson: Numbers 21:4-9**

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord. *People: Thanks be to God.*

### **Psalm 107:1-3, 17-22 (spoken)**

- 1 Give thanks to the Lord, for he is good, \*  
and his mercy endures for ever.
- 2 Let all those whom the Lord has redeemed proclaim \*  
that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; \*  
from the east and from the west,  
from the north and from the south.
- 17 Some were fools and took to rebellious ways; \*  
they were afflicted because of their sins.
- 18 They abhorred all manner of food \*  
and drew near to death's door.
- 19 Then they cried to the Lord in their trouble, \*  
and he delivered them from their distress.
- 20 He sent forth his word and healed them \*  
and saved them from the grave.
- 21 Let them give thanks to the Lord for his mercy \*  
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving \*  
and tell of his acts with shouts of joy.

**The Second Lesson: Ephesians 2:1-10**

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Word of the Lord. *People: Thanks be to God.*

Sequence Hymn

*In your mercy, Lord, you called me*

Hymn 706

**The Gospel: John 3:14-21**

Priest: The Holy Gospel of our Lord Jesus Christ according to John

*People: Glory to you Lord Christ.*

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord. *People: Praise to you, Lord Christ.*

The Sermon

Rev. Liz Schellingerhoudt

*A period of silence is kept*

The Nicene Creed

BCP 358

The Prayers of the People Form II

BCP 385

The Peace

BCP 360

## The Holy Communion

Choral Anthem  
Presentation Hymn

*God So Loved the World*  
*Take my life and let it be*

John Stainer  
Hymn 707

### Enriching Our Worship, Prayer 2

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give our thanks and praise.

*Celebrant*

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

The Sanctus

Hymn S-129\*

*Celebrant and People*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

*The Celebrant continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing the wine to be consecrated.*

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Blessed St. Clare and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. *AMEN.*

The Lord's Prayer and The Breaking of the Bread BCP 364

Agnus Dei Hymn S-161\*

Distribution of Communion BCP 364

*All persons are invited to receive Holy Communion. Those not receiving may come to the communion rail to receive a blessing; please cross your arms over your chest. If you wish to receive a gluten-free wafer, please say "gluten-free" to the priest.*

*The congregation is encouraged to join in singing the communion hymns.*

Communion Hymns *My faith looks up to thee* Hymn 691

*Deck thyself, my soul, with gladness* Hymn 339

Post Communion Prayer BCP 365

Solemn Prayer Over the People

*The Celebrant says*

Bow down before the Lord (*the people kneel as able*).

*The Celebrant says*

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

Processional *Spread, O spread, thou mighty word* Hymn 530

Postlude *C Major* George Frederic Handel

***You are invited to join us for fellowship after the service, downstairs in the Parish Hall.***

### **Prayers of the People**

**For the sick or in need:** Jo Ann, Neil, Jacquelyn, Barbara, Christy, Beth, Steve, Drew, Deserae, Carly, George, Lamar, John, Nanda, Keith, Sharon, Renea, Carolyn, MaryAnn, Jane, Mary, Joy, McKinley, Katie, Edwina, Terri, Herb H., Al, Josh, Roz, Bob, Ann, Delores, Mary Lou, Pat, and Joan.

**For those who travel:** Amy and Jason.

**For those who have died:** Ben Sutton, Laken Riley, all who have died in the conflict between Russia and Ukraine, and all who have died in the war in the Middle East.

**For those celebrating birthdays:** Sharon Aratari, Rick Garmon, Katherine Duello, Diana Symins, Herb Hoover, and Herb Pilcher.

**For those celebrating anniversaries:** Bambi & Ken Kendrick.

## Holy Week and Easter Services

### Holy Week

Palm Sunday, March 24th, 10:30 AM beginning in the Memorial Gardens behind the church  
Maundy Thursday, March 28th, 5:15 PM Agape Meal in the parish hall  
Maundy Thursday, March 28th, 6:00 PM Holy Eucharist with foot-washing in the church  
Good Friday, March 29th, Noon and 6:00 PM with Stations of the Cross at 5:15 PM in the church  
Holy Saturday, March 30th, Noon in the church

### Easter Day

Easter Vigil, March 31st, 6:00 AM beginning in the Memorial Gardens, followed by Easter breakfast  
Easter Day Service, March 31st, 10:30 AM  
Covered dish Easter Feast and Easter Egg Hunt for children, March 31st, immediately following the service

**Join the Daily Office leaders for Evening Prayer** at 5:00 PM, Monday through Friday, during the weeks of Lent. The service will be available on Facebook only. Morning Prayer (8:00 AM) and Compline (7:30 PM) will continue as usual on Facebook.

**Ken Alexander will wrap up a Lenten series next week** which recounts the events of the last week of Jesus' life and considers some of the ways theologians over the centuries have thought about the meaning of his death on the cross. All sessions will use slide presentations and discussion to explore the Gospel narratives about Jesus' final week and why those narratives retain their power to inspire us two thousand years later. Join him next Sunday at 9:30 AM in the parish hall.

- March 17: What was the reason for Jesus' death?: Some answers from Christian theologians across the centuries.

**Envelopes for Easter flower donations** are available in the pews. Please include your donation (and In Honor of/In Memory Of information) in the offering plate or mail it to the office so that it arrives no later than Monday, March 25th.

**Each Wednesday morning** a group meets in the Assisi Chapel for Centering Prayer (CP). CP is a silent prayer, focused on making space for God's movement and action in our lives. Beginning at 11:30, the first 10 minutes are set aside for helping newcomers to be introduced to the practice. The prayer time lasts 20 minutes and is followed by Holy Eucharist at 12:15 in the chapel.

**Thursday Book Study Group** is reading Christian Wiman's [Zero at the Bone](#). We meet at 4:00 PM on Zoom. Please use the link in the eClare to join. All are welcome!

**A support group for caregivers** of individuals diagnosed with Alzheimer's disease or other forms of dementia is meeting at St. Clare's on the third Monday of the month, from 1:30 PM - 2:30 PM. For more details, contact Harriet Hoke at [hhoke1234@gmail.com](mailto:hhoke1234@gmail.com).

**Our Spring Parish Clean-up Day** is scheduled for Saturday, March 16th. We'll start at 8:00 AM, then weed, clean, and trim until 11:30 AM. Chic-Fil-A biscuits and coffee will be supplied. If you're interested, reach out to Lynnae Boudreau at [lboudreau50@gmail.com](mailto:lboudreau50@gmail.com).

**The bed build for Sleep in Heavenly Peace has been rescheduled** for Saturday, March 23rd from 8:30 AM - 1:30 PM. The final product will provide a bed, mattress, linens, and a pillow for a child in Union County. No experience is needed to volunteer. Please use the link in the eClare to sign up.

**St. Clare's will host a fire drill on Sunday, April 14th, during the 10:30 AM service.** This drill has been scheduled as part of the Vestry's work on our emergency management procedures.



**Those Who Serve**

Sunday March 10, 2024  
Verger – Eli Smith-Foot  
Crucifer – Michael Smith-Foot  
Lector 1 – Eli Smith-Foot  
Lector 2 – Michelle Crawford  
Eucharistic Minister – Michael Smith-Foot  
Ushers – Kathy McNeese & Frank Kinmonth  
Greeter – Michelle Wilson  
VPOD – Lisa McElfresh  
Altar Guild – Kathy McNeese  
Videographer – Lamar Barber  
Fellowship – Darlene Pilcher

**2024 Vestry**

Frank Kinmonth, Senior Warden  
Pat Murray, Junior Warden  
Lamar Barber, Treasurer  
Jo Ellen Clow, Clerk  
Mary Buonagura  
Amy Cox  
Butch Duryea  
Lynne Joynes  
Lisa McElfresh  
Michael Smith-Foot  
Steve Wilson

**Clergy and Staff**

Bishop of Diocese of Atlanta  
The Right Rev. Robert C. Wright  
Rector—The Rev. Liz Schellingerhoudt, OA  
Liz@StClaresEpiscopal.org  
Parish Administrator—Kitty Taylor  
Admin@StClaresEpiscopal.org  
Treasurer—Lamar Barber  
treasurer@stclaresepiscopal.org  
Organist-Choirmaster—Karen Calloway  
edwins@windstream.net  
Sunday Sexton—Billy Clayton

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